

HEIGHT: 171cm
HAIR: red
EYES: green



BACKGROUND

Lydia grew up in Wellington where she studied Theatre at Victoria university. She performed on many stages in both Wellington and Australia, before moving to Auckland to start her career in screen acting. She has landed roles in the Danish/Kiwi TV drama Straight Forward and as Talia on Shortland Street. She has toured Aotearoa and Australia with Pop Up Globe, and won 'Best Play' for 'Manless,' a comedy show she wrote for the Short and Sweet Festival in 2018.

AWARDS

2018 - 'Manless Memet' - Judges Choice Award for Best Play - Short + Sweet
 2019 - Outstanding Visiting Production - Dunedin Theatre Awards

DOFT	ROLLOVER	PRODUCT	ROLE	TERRITORY	COMPANY/VENUE	DIRECTOR
11 / 2020	12/2020, 03/2022 (3 Months)	POWERSHOP	Maia	NZ	Assembly LTD	Damon Duncan
05 / 2013		VERIZON WIRELESS	Extra	NZ	Exit Films	

TRAINING

Victoria University of Wellington, BA majoring and Theatre and English Literature
 2016 - present Acting - Kacie Stetson Studio
 2016 - present American Accent - Jacque Drew
 2016 Acting - Miranda Harcourt
 2014 - 15 Clown - Thomas LaHood
 2014 Improv - Playshop - Lori Leigh / Daniel Pengally
 2014 LeCoq Neutrality - Stella Ried
 2014 Verse - Lori Leigh
 2013 - 2014 Long Cloud Youth Theatre - Stella Reid / Brett Adam
 2013 - 2014 Suzuki Methods, Noh, Peking Opera - Megan Evans / Maggie White
 2017 - Acting Technique - Peter Feeney
 2019 - Screen Acting Workshop - Andrea Kelland

RELEVANT SKILLS

Restricted Driving License.
 Basic Skills: Jazz and Hip Hop Dance, Singing (Alto), Gymnastics.
 Intermediate Skills: Football and Dragonboating.
 Accents: Standard US, English, Irish